**Dwayne Johnson has depression but uses it to help others while still finding success as an actor.**

Dwayne "The Rock" Johnson is known as one of Hollywood's tough guys and [top earners](https://www.cnbc.com/2017/08/31/the-rock-earned-64-point-5-million-last-year-but-he-still-has-side-hustles.html), but the former wrestler-turned-actor recently shed light on his battle with depression over the years.

"Struggle and pain is real. I was devastated and depressed," Johnson said in an interview with [The Daily Express](https://www.express.co.uk/celebrity-news/939767/Dwayne-the-rock-Johnson-secret-battle-with-depression). "I reached a point where I didn't want to do a thing or go anywhere. I was crying constantly."